

G D BIRLA MEMORIAL SCHOOL,RANIKHET
WEEKDAYS SCHEDULE

Sl. No.	Activity	Staff in charge	Time from	Time to
1	Rouser (Wake Up)	Boarding House Incharges	5:45	5:45
2	Dress-up for Morning Physical Conditioning (Jogging, Yoga, Aerobics, P.T., Games)	Boarding House Incharges	5:45	6:00
3	Morning Tea	Physical Training Teachers	6:00	6:10
	Morning Physical Conditioning	Physical Training Teachers	6:10	6:45
4	Ceremonial Inspection by the heads on Monday (No Morning Physical Conditioning)	Boarding House Incharges & Physical Training Incharge	7:00	7:30
5	Bathe and Change	Boarding House Incharges	6:45	7:30
6	Inspection	Boarding House Incharges/Teacher Mentors	7:30	7:35
7	Breakfast	Teacher Mentors/MOD	7:35	8:10
8	Assembly	Assembly Incharge	8:10	8:30
9	Period 1	Subject Teacher	8:30	9:10
10	Period 2	Subject Teacher	9:10	9:50
11	Period 3	Subject Teacher	9:50	10:30
12	Recess	Master On Duty	10:30	10:45
13	Period 4	Subject Teacher	10:45	11:25
14	Period 5	Subject Teacher	11:25	12:05
15	Period 6	Subject Teacher	12:05	12:45
16	Lunch	Teacher Mentors	12:45	1:25
17	Period 7	Subject Teacher	1:25	2:05
18	Period 8	Subject Teacher	2:05	2:45
19	Dress -up for Games	Boarding House Incharges	2:45	3:00
20	Call Turn/ Jogging around the hills for all	Boarding House Incharges/MOD/PTIs	3:00	3:30
21	Games (Activity practice 3:00 - 4:40)	Physical Training Teachers/Activities Incharge	3:30	4:40
22	Wash and Changeling. Dorm tidying and clean up) Wash timing to be scheduled in Dorm	Boarding House Incharges	4:40	5:30
23	Tea and Snacks	Master On Duty/Seniors	5:30	5:45
24	Asthachal (Prayer)	Master On Duty/Seniors	5:45	5:55
25	1st Prep (Academic Block)	Master On Duty/Prep Teachers	5:55	7:30
26	Dinner	Master On Duty	7:30	8:10
27	Juniors TV/ Activity Practice Classes IV-VII	Boarding House Incharges/ Activities Incharge	8:10	8:45
28	2nd Prep (Academic Block) for seniors (VIII-XII)	Master On Duty	8:10	9:10
29	Juniors Change and Brush	Boarding House Incharges	8:45	9:00
30	Roll Call & Juniors Lights Out	Boarding House Incharges	9:00	9:00
31	Seniors TV/ Self Study in dorm study halls	Boarding House Incharges	9:10	9:40
32	Seniors Change and Brush	Boarding House Incharges	9:40	9:50
33	Seniors Optional Study in dorm study halls/ sleep	Boarding House Incharges	9:50	10:35
34	Roll Call & Seniors Lights Out	Boarding House Incharges	10:35	10:35